

# Mind The Net Goaltending

Affordable Instruction

Cost: \$700

\$200 Deposit required by May 1, 2012.

Remainder Due by July 1, 2012\*

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Last level played: \_\_\_\_\_

Birth year: \_\_\_\_\_

Make cheques payable to:  
Mind The Net Goaltending  
Box 400  
Outlook, SK  
S0L 2N0

\*Cancellation policy: \$200 deposit non-refundable on cancellations before July 1. No refunds after July 1

## MTN offers you:

- ▶ Individual attention
- ▶ Skill development
- ▶ Transition and team play skills
- ▶ Intense on-ice workouts
- ▶ Video analysis
- ▶ MTN Annual Goaltending Manual
- ▶ Goal setting
- ▶ The Art of Self Promotion
- ▶ Mental preparation skills
- ▶ Off season training techniques
- ▶ Brian's Pro Equipment Demos
- ▶ Post camp review
- ▶ Written evaluation
- ▶ Affordable quality instruction
- ▶ Excellent meal plan!

MTN offers a personalized goalie school experience to challenge you and increase confidence. Hurry, there is limited space available ... **ONLY 8 GOALIES WILL BE ACCEPTED PER CAMP.**

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Box 400  
Outlook, SK  
S0L 2N0

# MIND THE NET GOALTENDING



## Bantam Development Camps

Aberdeen, SK

July 30-August 2, 2012

www.mtngoaltending.com

## The MTN Advantage

Modern goaltenders are required to do more than just stopping the puck but are required to control the flow of each game. MTN is about keeping the puck out of the net which requires goaltenders to communicate clearly, control rebounds, break up centering passes, direct the breakout and so much more. MTN will enhance the goaltender's ability to control the game by providing as many tools as possible for goaltenders to incorporate into their games.



"The off ice sessions were tough. I would absolutely recommend MTN to other Goalies."

- Evan, 16

Goaltenders must be leaders on and off the ice, especially in elite hockey. Young goaltenders must be encouraged to learn advanced techniques rather than be held back. MTN teaches as many advanced techniques as possible while encouraging growth in goaltender self confidence.

Only eight goaltenders will be accepted into the Bantam Development Camp. A low 2:1 student to instructor ratio combined with low registration ensures attention to details.

All goaltenders must be eligible to play Bantam hockey.

## MTN On the Ice

MTN instructors use the newest goaltending knowledge and training techniques to help each goaltender become fundamentally sound and efficient.

MTN uses an analytical eye to pinpoint ways to add to the existing strengths of each goaltender's game. MTN's job is to help you not change you.



"Double the material of [other goalie school] for half the price. Best camp I have ever attended."

- Angus, 17

All on ice drills are done in the defensive zone to ensure more game like situations. The more game like the drills the better.

MTN exposes goaltenders to some of the newest training techniques including mini pucks and screen boards.

MTN's on-ice program is intense, energizing and fun!

## MTN Off the Ice

MTN's hot stove/theory sessions provide opportunities to discuss and analyze issues pertaining to elite hockey goaltenders.

Daily topics include mental training and preparation, on ice tactics, off ice conditioning, coaching, goaltender evaluation, self-promotion and real hockey world issues.

Elite goaltending requires excellent conditioning. MTN's goaltender specific dryland training is a part of the daily routine.

Emphasis on the mental aspects of goaltending is what sets Mind The Net apart from the competition.



"You have to work a lot harder off the ice than I thought. The off ice sessions showed me how hard you have to work."

- Ben, 17