

Mind The Net Goaltending

Affordable Instruction

Cost: \$900.00
\$200 Deposit Required by May 1, 2012
remainder due by July 1, 2012*

REGISTRATION FORM

Name: _____
Address: _____

City: _____
Province: _____
Postal Code: _____
Phone: _____
Fax: _____
E-mail: _____
Last level played: _____
Birth year: _____

Make cheques payable to:
Mind The Net Goaltending
Box 400
Outlook, SK
S0L 2N0

*Cancellation policy: \$200 deposit non-refundable on cancellations before July 1. No refunds after July 1.

MTN offers you:

- ▶ Individual attention
- ▶ Skill development
- ▶ Transition and team play skills
- ▶ Intense on-ice workouts
- ▶ Video analysis
- ▶ MTN Goaltending Manual
- ▶ Goal setting
- ▶ The Art of Self Promotion
- ▶ Mental preparation skills
- ▶ Off season training techniques
- ▶ Brian's Pro Equipment Demos
- ▶ Post camp review
- ▶ Written evaluation
- ▶ Affordable quality instruction
- ▶ Excellent meal plan!

MTN offers a personalized goalie school experience to challenge you and increase confidence. Hurry, there is limited space available ... ONLY 8 GOALIES WILL BE ACCEPTED PER CAMP.

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MIND THE NET GOALTENDING



Midget "AAA"
Prep Camp
Aberdeen, SK

July 16-20, 2012

www.mtngoaltending.com

The MTN Advantage

Modern goaltenders are required to do more than just stopping the puck but are required to control the flow of each game. MTN is about keeping the puck out of the net which requires goaltenders to communicate clearly, control rebounds, break up centering passes, direct the breakout and so much more. MTN will enhance the goaltender's ability to control the game by providing as many tools as possible for goaltenders to incorporate into their games.



"The off ice sessions were tough. I would absolutely recommend MTN to other Goalies."

- Evan, 16

Goaltenders must be leaders on and off the ice, especially in Midget "AAA" and above. It is due to the higher demands on Midget "AAA" goaltenders that MTN provides a program very close to the Top Prospects program.

Only eight goaltenders will be accepted into the Midget "AAA" Prep. Camp. A low 2:1 student to instructor ratio combined with low registration ensures attention to details.

All goaltenders must be eligible for first year Midget to last year Midget hockey.

MTN On the Ice

MTN instructors use the newest goaltending knowledge and training techniques to help each goaltender become fundamentally sound and efficient.

MTN uses an analytical eye to pinpoint ways to add to the existing strengths of each goaltender's game. MTN's job is to help you not change you.



"Double the material of [other goalie school] for half the price. Best camp I have ever attended."

- Angus, 17

All on ice drills are done in the defensive zone to ensure more game like situations. The more game like the drills the better.

MTN exposes goaltenders to some of the newest training techniques including mini pucks and screen boards. To further challenge the goaltenders MTN shooters are established Midget "AAA" and Junior players only.

MTN's on-ice program is intense, energizing and fun!

MTN Off the Ice

MTN's hot stove/theory sessions provide opportunities to discuss and analyze issues pertaining to elite hockey goaltenders.

Daily topics include mental training and preparation, on ice tactics, off ice conditioning, coaching, goaltender evaluation, self-promotion and real hockey world issues.

Elite goaltending requires excellent conditioning. MTN's goaltender specific dryland training is a part of the daily routine.

Emphasis on the mental aspects of goaltending is what sets Mind The Net apart from the competition.



"You have to work a lot harder off the ice than I thought. The off ice sessions showed me how hard you have to work."

- Ben, 17