

MIND THE NET GOALTENDING



Top Prospects Camps

Aberdeen, SK

Camp Dates:

July 13-17, 2009

July 20-24, 2009

August 4-8, 2009

www.mtngoaltending.com

MTN offers you:

- ▶ Individual attention
- ▶ Skill development
- ▶ Transition and team play skills
- ▶ Intense on-ice workouts
- ▶ Video analysis
- ▶ MTN Annual Goaltending Guide
- ▶ Goal setting
- ▶ The Art of Self Promotion
- ▶ Mental preparation skills
- ▶ Off season training techniques
- ▶ Brian's Pro Equipment Demos
- ▶ Post camp review
- ▶ Written evaluation
- ▶ Affordable quality instruction
- ▶ Excellent meal plan!

MTN offers a personalized goalie school experience to challenge you and increase confidence. Hurry, there is limited space available ... **ONLY 6 GOALIES WILL BE ACCEPTED PER CAMP.**

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Top Prospects Development

Modern goaltenders do more than just stop the puck; they are required to control the flow of the game. **MTN is about keeping the puck out of the net!** Keeping the puck out of the net may involve excellent rebound control, deflecting a centering pass or directing the breakout. MTN will enhance the goaltender's ability to control the game.



"Possibly the most advanced goaltending camp because it lets the goalie be himself as well as teaching the fundamental skills that it takes to be consistent."

- Carsen, BCHL Goalie

Goaltenders are expected to be leaders on and off the ice. Top Prospect students will be given the tools to excel up the hockey ranks.

A low 2:1 student to instructor ratio ensures attention to detail.

All goaltenders must be established Midget "AAA" or higher.

MTN On the Ice

MTN instructors use the newest goaltending knowledge and training techniques to help each goaltender become fundamentally sound and efficient.

MTN uses an analytical eye to pinpoint ways to add to the existing strengths of each goaltender's game. MTN's job is to help you not change you.



All on ice drills are done in the defensive zone to ensure more game like situations. The more game-like the drills the better.

MTN exposes goaltenders to some of the newest training techniques including mini pucks and screen boards. To further challenge the goaltenders, MTN shooters are established Junior "A" players and higher.

MTN's on-ice program is intense, energizing and fun!

"We found MTN to be an excellent camp. Very professional in all aspects. You guys seem very passionate in really wanting to make our goalies better. Thanks" - Goalie Parent

MTN Off the Ice

MTN's hot stove/theory sessions provide opportunities to discuss and analyze issues pertaining to elite hockey goaltenders.

Daily topics include mental training and preparation, on ice tactics, off ice conditioning, coaching, goaltender evaluation, self-promotion and real hockey world issues.

Elite goaltending requires excellent conditioning. MTN's goaltender specific dryland training is a part of the daily routine.

Emphasis on the mental aspects of goaltending is what sets Mind The Net apart from the competition.



"I have and will continue to recommend MTN to all other goalies who are looking to improve their technical game substantially."

- Jordan, SJHL Goalie

Mind The Net Goaltending Affordable Instruction

Cost: \$825.00

\$200 Deposit Required by May 1
remainder due by July 1

15 hours on-ice

6.5 hours off-ice training

10 hours Hotstove/Theory sessions

REGISTRATION FORM

Name: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Phone: _____

Fax: _____

E-mail: _____

Last level played: _____

Birth year: _____

Please number camp date by preference:

_____ Camp 1: July 13-17, 2009

_____ Camp 2: July 20-24, 2009

_____ Camp 3: August 4-8, 2009

Make cheques payable to:
Mind The Net Goaltending
Box 400
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*Cancellation policy: \$200 deposit non-refundable on cancellations before July 1. No refunds after July 1.